

# "Art and culture in health and care"

[See study programme](#)

Autumn 2024 (1. semester)

[Arts and culture in health and care](#)

HEL6000

15 sp

## Programme description

The course "Art and culture in health and care" provides knowledge about the ways in which art and culture can promote life skills and wellbeing. It also provides knowledge and competence about the ways in which art and cultural expressions can be used systematically in health and care settings. The study place emphasis on action competency in order to give students the necessary skills to plan and deliver applied arts projects by themselves and in collaboration with external partners.

The study is session-based with three gatherings (a total of 9 days) over one semester.

Academics and professionals from both arts, culture and health subjects are part of the interdisciplinary teaching staff.

### Contents:

Correlations and interplay between art, culture and health

Different cultural expressions - drama/theater, pictorial expressions, song/music, dance, visual arts and fiction

Understanding of concepts such as: Art, culture, health, public health and care

Art and culture in health-promoting, preventive and rehabilitative work

Interdisciplinary collaboration/interaction between the culture and health sector. Individual and group focus.

The role of voluntariness and job prospects in the arts and health field.

Ethics and ethical principles in arts and health.

Development of applied arts and health Projects.

## Learning outcomes

### Knowledge

#### Students

has knowledge about art, culture, health and care and the connection between these in health-promoting, preventive and rehabilitative work

has knowledge of how art and cultural activities can be implemented in health- and social work

has knowledge about how the different academic environments (health, social work, arts, etc.) can collaborate to make cultural activities, possibly together with the voluntary sector.

### Skills

#### Students

applies professional knowledge to theoretical questions and practical arts and health projects.

reflects on practice

collaborates across professional environments within art, culture, health and care  
plans and implements applied arts and health projects

General competence

Students

is capable of original thinking and innovation so that art and culture can contribute to meet people's cultural needs  
as part of holistic care

reflects on a variety of ethical issues in art, culture, health and care

Admission requirements

Admission is granted on the basis of general university and college admission certification or prior learning and work experience.

Career possibilities

«Art and culture in health and care» aims to provide knowledge and action competence that strengthens and expands the competence that the students already has (I.e. nurses, health professionals, social educators, social workers, occupational therapists, cultural school teachers, cultural workers and others).

Study abroad

Periods abroad are not applicable for this study.

The study is rooted in recent international research. It may be relevant to use international lecturers as teachers on the course.

Costs

No costs beyond the semester fee and syllabus literature.

Assessment methods

Assessment is based on compulsory attendance, a practical group exam and an individual home examination.

Programme evaluation

The study program is evaluated annually by the students through course surveys and by the study program manager. The evaluations are included as part of the university's quality assurance system.