

Now your child has the chance to have his or her own mentor.

Nightingale is run by University in collaboration with the Ministry of Children and Equality.

Nightingale is based on a mentor scheme run by Malmö University College in Sweden. A thousand schoolchildren there have now had their own mentor for a school year, since the scheme started in 1997. Nightingale is now found in seven European countries.

Through Nightingale, children aged 8-12 from a minority background are offered the help of a mentor throughout a whole school year. Who becomes the child's mentor will depend on what desires, needs and interests he or she has.

Your child and the mentor meet once a week after school for about 2 – 3 hours. You and the mentor can decide the meeting time together. It is important that the child does not have too many other leisure activities so that he or she has time to spend with the mentor.

The person who will become your child's mentor is studying at the University of Agder. The mentors receive regular guidance and approval for their work. Mentors' references are checked before they are appointed. The project leader at UiA interviews the students and checks references and conduct before they can become mentors.

Your child will have an extra adult to interact with and become friends with. This adult should be a positive role model for the child. Mentor and child decide between themselves what they will do. They might for example meet at each other's homes or do various leisure activities. The idea is that these should be everyday, and preferably free, activities. Nightingale also organises joint activities which are free of charge for children and mentors, such as film shows or theatre visits. All children and mentors are covered by accident insurance during the time they are together.

It costs nothing to have a mentor, but parents or guardians pay for any bus/tram tickets or entrance charges etc. for the child.

Nightingale at Nord University

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Nightingale



**TO CHILDREN AND PARENTS
ATSCHOOL**

